



Packing Advice

Flight Baggage Rules:

- Airlines typically allow one checked bag per passenger of up to 50 lbs.
- Additionally, airlines typically allow one small carry-on bag and one personal item such as a purse or backpack (these have their own weight and size limits, dependent on the airline).
- That said, please check the rules for whichever airline you're flying.
- The 3-1-1 liquid rule: In your carry-on, you will only be allowed to bring ONE baggie that is ONE liter or smaller in size, containing liquid containers each no bigger than THREE ounces. (There is no liquid restriction for your checked bag.)

Clothing:

- Dress in layers for maximum temperature flexibility.
- Be prepared for the possibility of rain. Bring a rain jacket or umbrella, and remember to check the forecast each morning.
- Wear comfortable shoes! We will be walking a lot (by design; these are beautiful cities to walk through!) and you don't want your enjoyment marred by blisters or aching arches.
- We will be visiting one or two cathedrals as a group (on the trip, we'll give you a heads-up in advance about any days on which specific dress will be required), and you may choose to visit others in your free time. Cathedrals typically require clothing that fully covers your shoulders and knees, so make sure to bring at least one outfit that satisfies that requirement.

Other Recommendations:

- The high temperature in Florence and Rome is typically in the mid-to-upper 50's in January, with lows in the upper 30's. Keep that in mind as you choose what to pack.
- Keep your medications in your carry-on bag, just in case something were to happen to your checked bag on the flight. Also be sure to know the generic name of your medications, in case you were to lose your medication and need to get more in Europe, where the brand names might differ.
- Above all, pack light, pack light, pack light. Your life will be easier with a lighter suitcase! Plus, it leaves you room to bring home souvenirs! (This is a prime shopping season in Italy.)

Let us know if you have any additional packing questions!